

















WHAT IS KFH?

You may know Sweet Beet Market as a place to get fresh local foods all year long, but did you know that it is just one entity of a larger nonprofit ecosystem known as the Kearsarge Food Hub? Kearsarge Food Hub (KFH) is the central hub holding various activities together that work collectively to strengthen the local food system and contribute to community resilience.

The infrastructure of KFH includes Sweet Beet Farm, Market, and Kitchen, while our services include increasing food production, access, and distribution in the Kearsarge area, hands-on educational programming for students of all ages, food hub network building across New Hampshire, and regular food donations to local pantries and schools. The central theme that continues to emerge is community building; the most fundamental element of this work is connection.

KFH is a charitable nonprofit organization, a think tank for heart-centered community service, and a seat of strategic networking within the local and regional food system. We can't wait to connect with you and share some really exciting things happening this year!



A WORD FROM 2020 BOARD CHAIR

Welcome.

This Annual Report is a snapshot of the Kearsarge Food Hub in 2020 and it is the story of what it is becoming. It reflects the impact the Kearsarge Food Hub is having since the opening of the Sweet Beet Farm Stand on the side of the road in Bradford, NH on July 4, 2015.

Along the way a town in need of a boost has welcomed the return of young entrepreneurs with a mission and passion to invigorate their hometown with local food. Their energy and visions have touched the foodscape and the landscape of Bradford and the surrounding area. With their hard work and generous contributions from the community, Sweet Beet Market now operates out of an iconic Bradford landmark, the old Bradford Inn, at 11 West Main Street.

As can be seen in these pages, the energy could not be contained in one venture. In addition to offering local produce and goods at a local market, farming, community engagement, food security, and education are also vital parts of this organization. The stories from volunteers, donors and others are a testimony to the reach KFH is having.

From my seat on the board it is incredibly gratifying to watch and be a part of the growth born of the enthusiasm of the founders and the people KFH serves. Landmark growth has taken place in 2020 as the founders offer the organization to the community and bravely begin trusting its governance to a board of directors who share the KFH heartbeat.

The founders' guidance and creativity are still very close at hand as new triumphs and challenges appear. Everyone at the Kearsarge Food Hub is firmly grounded in the idea that there's more growing to be done: On Sweet Beet Farm, in Sweet Beet Market, in classrooms, during community gatherings, as individuals, and in countless other ways. Please join the journey.

With Gratitude, Kathleen Bigford Board Chair







VISION

We envision a resilient and connected community where everyone is empowered to access healthy food, where local farmers are supported and the land is nourished, and where all people share a common sense of place.

MISSION

Our mission is to reinvigorate our community within a restorative local food system by cultivating food sovereignty, growing engaged learners, and nurturing community.

SERVICE AREA

Greater Kearsarge / Lake Sunapee region (Merrimack & Sullivan Counties)

2020 Board

Kathleen Bigford (Chair)
Leon Malan (Vice Chair)
Tara Mahady (Secretary)
Pamela Bruss (Treasurer)
James Rhodes

Special thanks to Kathleen Bigford for serving as board chair in 2020 and staff members that have moved on from KFH. We will miss you!

2020 Staff

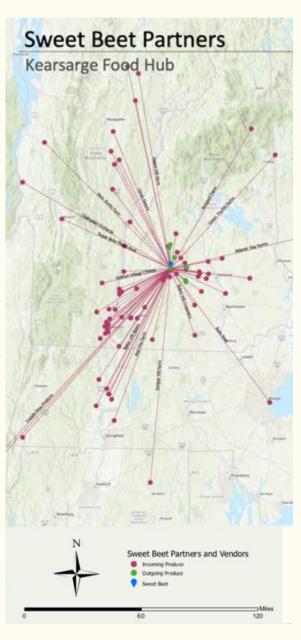
France Hahn
Lauren Howard
Hanna Flanders
Pierre Hahn
Garrett Bauer
Bea Ross
Jenna Cook
Cameron Huftalen
Mike McHugh
Gemma Venuti
Kate Hunter
Jennifer Silvia
Trinity Bigford

PROGRAMMING & IMPACT

KFH programming is a set of systematic and multi-pronged activities that come together to feed our mission in unique ways.

Food access through Sweet Beet Market and Kitchen. Food security through a dynamic donations program. Food production on Sweet Beet Farm · Network building through research and development · Nurturing community with events and outreach · Lifelong learning through education for all ages.

FOOD ACCESS & SECURITY



Food sourced from 17 hyper local produce farms 70+ independent local farmers & producers 3 food hubs 1 statewide distributor



13,395 pounds Grown On Sweet Beet Farm



\$210,600 back to local producers

Produce: \$96,400+ Meat: \$61,500+ Dairy: \$35,300+

Eggs: \$10,300+

Seafood: \$7100+



17,207 pounds/ \$31,845 donated

7+ Food Access Partners 200+ households served



\$45,714 aggregated for partners

Warner Public Market Fresh Start Farms



Sweet Beet Market \$498,754.95

net sales

customers served

\$1.588

in veterans discounts

FOOD- & FARM-BASED EDUCATION

2020 presented challenges to carrying out our usual educational programming - but that didn't stop us from providing tools and experiences in creative ways to local students and folks of all ages!



85+Students reached

- On-farm education
- School visits
- Zoom appearances

52recipes shared30+videos made6presentations given



2020 SCHOOL PARTNERS

Bradford Elementary School Colby-Sawyer College

At KFH, education is all about exposure to farming and quality experiences for a lifelong love of food & farms!

We sorely missed key partnerships in 2020 due to COVID and look forward to expanding these offerings in 2021!

EVENTS & WORKSHOPS

COMMUNICATIONS

events hosted
115
participants

Rooted: Community conversations series was a collaborative program bringing people together around good food.

It was paused halfway due to COVID, and set to resume later in 2021!

Supported by the Champions of NH Farms Grant.





6,140
social media followers
1,700+
email subscribers
60+
informational
newsletters

We were featured in a documentary film, Communities & Consequneces Il via NH PBS, with appearances in the Concord Monitor, Stonebridge Post, and NH Magazine.

GROWTH

STORAGE

167% increase

in cold storage thanks to a grant from Greater Sullivan County Community Relief Fund and a generous donor!

That means more capacity to distribute local food!





SWEET BEET FARM

"2020 was a year of growth on Sweet Beet Farm. We built a nursery which has drastically improved our seed starting operation and tool shed for all KFH tools.

We bought many ground breaking (no pun?) tools. A Jang precision seeder, a rotary plow to build beds, a greens harvester, the famous paper pot transplanter and different cultivators to help with weed management. All of these tools have made our farm much more efficient and we are looking to educating other farmers on how to use these."

Pierre Hahn

Co-Founder & Manager of Sweet Beet Farm

133% increase in high tunnel growing 50% increase in outdoor growing



FOOD DONATIONS





737% increase in food donations in 2020!

Our team responded to the economic hardships of the pandemic by doubling down on food donations to our partners, emphasizing fresh fruits and veggies and other local goods.

COLLABORATION

KFH is deeply committed to collaborating with other individuals, businesses, and organizations to amplify impact, serve mutual needs, identify efficiencies, and empower all members of the community to get involved!

SHARED INITIATIVES

FEED KEARSARGE & THE VICTORY GARDEN REVIVAL



FEED Kearsarge is a shared initiative that arose in response to COVID. Through this partnership, the Tray it Forward program distributing 10,500 seedlings to home gardens along with ongoing education and support.

3 new gardens built in Bradford 114 members **Victory Garden Support** group









DEVELOPING A FOOD HUB NETWORK IN NH

Objective 1: Complete a **SWOT Analysis** **Objective 2:**

Conduct a logistics analysis of product

movement

Objective 3:

Facilitate a network development retreat **Objective 4:**

Develop an implementation plan



KFH is continuing research started in 2017 with a Specialty Crop Block **Grant** to Develop a Food Hub Network for New Hampshire. This means greater collaboration, sharing resources, and building infrastructure statewide to distribute more local foods!

PARTNERSHIPS

We are so grateful to have numerous partnerships that span all sectors of the community. While we have many valued relationships of various kinds, listed here are partnerships that actively fuel our mission or that of our partners.

Bradford Food Pantry

Bradford Elementary School Backpack Program

Bradford Senior Center

Colby-Sawyer College

Unless LLC

Evergreen Healing Arts

Warner Public Market

Henniker Food Pantry

Warner Community
Action Program

Springledge Farm

Kearsarge Neighborhood Partners

KLS Food Pantry

Kearsarge Kares Backpack Program

New London Hospital & The Wellness Connection

Greater Sullivan County Public Health Network

NH Food Alliance

NOFA-NH

Genuine Local & Belknap
Food Shed

Three River Farmers
Alliance

Vital Communities

ORIS & Fresh Start Farms

Gorhan Public Health Consulting

KFH sponsored these great programs in 2020:

NOFA-NH Share the Bounty Day NOFA-NH Winter Conference NH Eats Local Month



STORIES

"As a Colby-Sawyer student, working with the Kearsarge Food Hub has allowed for me to take all I've studied in the classroom and apply it to the real-world. I've learned invaluable skills, including how to creatively combat food insecurity, implement sustainable farming techniques, and cultivate community."

Cassie Lashier Student, Volunteer, Monthly Donor



Over the last few years, the Kearsarge Food Hub has expanded the local markets for our farm. KFH has been able to grow our region's customer base and provide a convenient outlet for not only our certified organic vegetables, mushrooms, herbs, and fruit but also our value added and seasonal goods.

Ben Dobrowksi Farmer, Greenhill Farm

"I wish everyone had access to a Sweet Beet Market! Delicious quality food grown sustainably by local farmers who care about quality. Baked goods and other products produced locally with skill and care - great tasting and always nourishing. The most spirit-lifting beautiful people who create all this, and who make us smile and feel life's joy. And, we have the Kearsarge Food Hub where the same amazing, wonderful crew work each day to foster community, to take care of those in need, to teach kids what food is and how to grow it, and to always integrate the needs of people with the needs of the earth locally and beyond. This is the most inspiring, worthwhile, productive effort on behalf of people that I have seen in decades." Sandy Robinson

Sweet Beet Market Customer, Monthly Donor





"I have always enjoyed being part of a team and working with groups of teammates. I jumped at the opportunity to join the Sweet Beet Team. Each week that I peeled, cut and bagged carrots to be donated to Bradford families to give them healthy snacks, was another chance for me to be part of something positive for our local community. I also get to see the wonderful, expanding outreach of positivity that the Sweet Beet Team fosters with each new and exciting endeavor that they take on. They live by a motto that I like to follow..."Together we are better".

Mike Heffernon Volunteer & Donor

RESPONDING TO COVID-19

"During the spring of 2020 the Kearsarge Regional Elementary School at Bradford reached out to families in the community to offer food to those in need. Unexpectedly, the school received a message from a member of the Kearsarge Food Hub asking what they could do to help feed members of the school community. After a few meetings it was established that the Kearsarge Food Hub would provide fresh produce on a weekly basis to the families in the community. The school was already providing bags to families every week. Being able to provide fresh produce and organic food to the families in the KRES at Bradford community has been a rewarding experience. The families have expressed gratitude for the fresh fruits and vegetables they receive every week...



...Not only did the Kearsarge Food Hub work to provide food to families, but they helped the school and other locations within the community build garden beds to grow fresh produce. The garden beds provide an opportunity to educate the students and members of the community about how to grow their own nutritious food. We are grateful for the opportunity to provide the community with the knowledge to maintain a healthy lifestyle."

Stephanie Laurendeau School Nurse, Bradford Elementary School

FINANCIALS

KFH is committed to pursuing a multitude of funding streams to contribute to the financial viability of our charitable activities.

INCOME

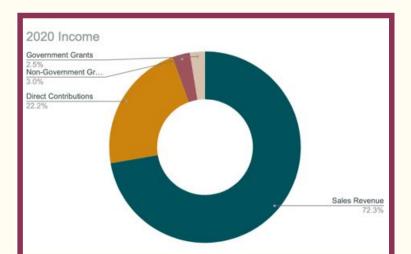
2019	2020
Sales Revenue\$454,837	\$597,205
Direct Contributions\$35,650	\$183,963
Non-Government Grants \$8,050	\$93,650
Government Grants\$23,435	\$20,469
Other Income\$619	\$657
TOTAL\$522,591	\$895,945

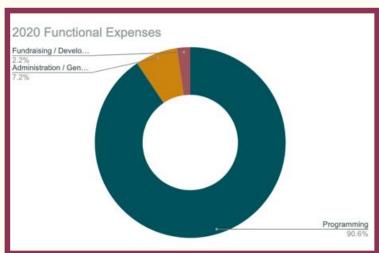
EXPENSES

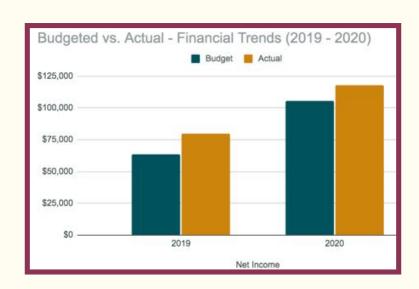
	2019	2020
Programming	\$390,955	\$642,268
Admin/General	\$20,135	\$50,890
Development	\$21,464	\$15,839
TOTAL	\$442,553	\$708,997

NET INCOME

\$90,038 \$120,043







Sales revenue through Sweet Beet Farm, Market and Kitchen directly supports the mission of KFH by increasing access to and education about local food while generating the majority of income to support all other charitable activities. We aim to further diversify funding streams to provide greater support to existing programs and promote the development of new outcome oriented programs.

THANK YOU TO OUR DONORS!

Abbie Castriotta **David Chaim** David Click Abigail Bower Al Byam David Ivev Al Dekin David Levine Alesha Forget David Reetz Alex Barton Dean & Karen Bensley Deborah & Harry Mahar/Seide Alex Koby Alicia Bergeron **Deborah Barton** Alison Alberta Deborah Breth Alison Blake Deborah Broderick Allan Reetz **Deborah Brower** Allie Abbey **Deborah Bruss** Amber Buckley **Deborah Gates** Amy Buonpane Dedra & Daniel Coulter Amy Pagnani Deneé Woods Andrea Nimmo **Denise Rico Andy Harte** Devi Bhaktananda Angelo Falcone Diana Wieland Ann Harris Diane Brown Ann Ryan **Diane Lavos** Ann Walls **Dick Matthews** Anna Phelan **Donna Richeson** Dorothy and Andy Jeffrey Anne Appel Anne Kratz Doug Peel arthur pappas **Dzintars Lauris** Aviva Whelan Eileen Dingle **Barbara Pontier** Eileen Kelly Elaine Wood **Barbara Southard** Belinda Nerl Elizabeth Howell Beth Eldridge Elizabeth Kelleher **Betty Arnold** Elizabeth Labbe Bob and Missy Carroll Elizabeth Rodd Ellen Brownson Bob Sherman Brackett Scheffy Ellen Polansky Brianna Villandry Ellie Brown **Bridget LeRoy** Emerson Lennon **Bruce Freeman Emilie Brown** Bruce Ritz **Emily Doyle Bryan Dwyer Emily Jones Bryan Leary Emily Karmen Emily Wrubel** Caitlin Banaszak Caitlin Danielson Erika Hokanson Erika Mills Cameron Huftalen Carissa Cournoyer **Eve Tapper** Frederick Stecker Carl Cooley Carol and Mike Meise Geary Vail Carrie anne Roy **Grounds Cafe** Cassie Lashier **Hanna Flanders** Catherine Bushueff Hannah Leigh Catherine Hogan Charlene Baxter Harold Wright Charlie Darling Heide & Alan Menard Charlie Kelsey Helmut Shwarzer Cindy House Holly McCormack Claudia Altemus Ingrid Stallsmith **Complete Land Organics** Ivor Freeman **Connie & Bob Brookes** Jackie Nowicki Jaime Webb Connor Shannon James Fruitt Cosette Viaud Courtney Perron Jan Schaffer Jane Coplan Crispin Fletcher Jane Driscoll Cvnthia Taft Dabney Kelsey Janet Bavicchi Daralynn Doucette Janet Castriotta Darryl Parker Janet Taft David and MJ Scott Jason Fitch

Jason Regan Jeff Klein Jeff LaShier Jeff Maguire Jeff Milne Jessica Bray Jessica Gelbard Jessica Karmen Jessie Freeman jessie sofield Jillian Gross Joan Dickey Joan Packard Jocelyn Burdick John Chadwick John Magee Jonathan Hall Joseph Kenneally Joy Hammond Joyce Neilsen Judith Ann Eldridge Judith Buck **Judith Sherwood** Judy Thackaberry Julie Doherty Justin Munroe K. Reznicek Karisa Centanni **Karl Brooks** Kasey Ormiston Kathleen Bigford Kathleen Bollard Kathleen O'Malley Kathleen Upton Katrina Amaral **Kaylin Purple KB Markers** Ken Miller Kenneth Bartholomew Kit Ross Kris and Stephen Foss Kristen West Kristin Kelsey Kristina Folcik Kristina Lafiosca Kristina Thompson Kurstin Kohnowich L Noether Laura and Brick Russell Hannah Robinson Laura and David Mackenzie Laura Hallahan Lauren Cole-Johnson Laurie Buchar Laurie DiClerico **Leah Cummings** Lee Mayman Len & Mary Cadwallader Leon Malan Leslie Dick Lexi B Linda Hagan Lindsey Lafond Lisa Howard Lisa Madden Lisa Meehan

Lori Flower Lori Richer Lynie Castriotta Lynn Madigan Lynn Montanez Lynne Saltonstall Marcia & Dick Keller margaret dellert Margaret Monsell Maria Storm Marianne Sinopoli Marie Maliawco Marie Viaud Marina Paladino Marnie Townsend Mary and Sean Carroll Mary Congoran Mary Fuller Mary Keegan-Dayton Mary Margaret Sloan Maureen Buonpane Maureen Mccrum Meghan Wells Fournier Melissa leintz Michael Andrews Michael Coll Michael Elmes Michael Heffernan Michael Howley Michael Todd Michele Morley Michelle Roy Mike & Betty Hague Mike & Karin Heffernan Mike & Claire James Mike Greenberg Mimi Wiggin Mitchell Harris Nancy LaRowe Natalie Laflamme Natalie Lanocha Natasha Ghaiy **Nathanial Bruss Nicholas Brown Nick Martin** Nicole Gage Nicow CaptivPictures Niki & Corey Fein Nina and Peter Blain **Nishant Ghaiy** Nora Donnelly Owen Dempsey Padraic Dayton Paige Newman Pamela Payson Pamela Pryor Pamela Rimato Tirone Patricia Berkov Patricia Bourassa Patrick O'Hearn Patti Cohen Paul Guidone Paul Maliawco Persis Wirkkala

Lois Dupuis

Peter & Kathy Lowe-Bloch Peter Bauer Phyllis Wadsworth Rachel Charlton Rachel Zivic Randy and Jill Thompson Rebecca Hutchins Rhoda Gelbard Rhodora Finnan **Rob Schultz** Maria Lourdes Donahoe Robert and Rochelle Friedman Robert DiClerico Robert DiGrigoli Robert Frisch Roger Wilkerson Rory Lettvin Ruth Heath **Ruthie Cherry** Ryan Jerke Sadie Courser Sage Scott Saint Louis Family Fund Sally Keating Sandra Bravo Sandra Robinson Sandy Luckury Sandy Wadlington Sarah (Sally) ONeil Sarah Amitav Sarah Anderson Sarah Hebert Sarah Jeffrey Sarah Reetz Scott and Lisa Maclean **Scott Bundy** Scott McCaskill Scott Taylor Seddon Savage Signe Linville Simeon Chapin Stephen Taylor Steve and Nancy Allenby Sue Henderson Susan & Don Moss Susan Arnold Susan Beauchemin Susan E. Smith **Susan Fass** Susan Wellhofer Tamara Krenn Tara Mahady & Vicki Coltey Terry Appleby Terry Coll Thelastris Durand Thomas Kelly Thorsten Maly **Todd Webber Tom Reizes** Tonya and Orhun Orme **Trinity Bigford** Virginia Milord Wayne Harling Wendy Dennis Wendy Sanford William Reinstein

American Farmland Trust \cdot Bar Harbor Bank & Trust \cdot TDS Telecom Bradford Community Church · Bradford PTO · Community Action Program First Free Will Baptist Church of Sutton · Hanover Community Cooperative Fund Kearsarge Neighborhood Partners · Mountain View Senior Center · Morgan Stanley Gift Fund NH Charitable Foundation ⋅ Spring Ledge Farm ⋅ Greater Sullivan County Public Health Network

Liz Peterson

CAMPAIGNS & SUPPORTERS

A beautiful network of community supporters came together to breathe life into this organization and lend a unique kind of vibrancy and stability to this living ecosystem.

VOLUNTEERS

Over **40 folks** showed up to help serve our mission in 2020!



DONORS

330 individual donors

198 new donors

\$53 average gift

Beet Market round up jar!

\$2,287 raised from the Sweet

+72.9 % in total giving from 2019

MONTHLY GIVING



80+ monthly donors

\$20,000+

Our Grow with Us Monthly Giving Program is the lifeblood of our fundraising. Mega thanks to these individuals for their monthly commitment!



\$17,600

raised

\$16,000

in matching funds

\$3,408 from online auction

\$2,250 in sponsorships

SPONSORS

Kearsarge Area Chamber of Commerce Secondwind Water Systems Inc. NOFA-NH Grounding Stone Farm The Lumber Barn



MATCHING FUND CONTRIBUTORS

Arthur Ashley Williams Foundation
The Tacooma Fund
The Ormiston Family Foundation
Dorothy and Andy Jeffrey
Seddon Savage and Carl Cooley
Allenby Charitable Fund

ONLINE AUCTION CONTRIBUTORS

Ann Eldridge Twin Lake Villa Kathy Lowe-Bloch Peter Bloch Wood Thrush Farm Heebee Geebs

Oak & Grain Restaurant Don Moss Sue Moss

Faye Graziano

Grounds

Silver Hill Farm

Nourish

George Beaton

Silvatica Designs Blue Loon bakery Warner Public Market Kearsarge Gore Farm Alicia Bergeron Designs

Rosewood Inn Sandra Bravo Micro Mamas

David Ernster Ceramics Erika Walker Jewelry

Dawn Forde
Gary Kalajian
Mormaid Hill

Mermaid Hill Vineyard

Sage Scott

VIRTUAL PARTY HOSTS

THANKS TO THESE FOLKS FOR RAISING FUNDS FOR KFH -THAT'S ANOTHER LEVEL OF SUPPORT!

Sage Scott • Charlie Kelsey
Allan Reetz • Kaylin Purple
Marie Maliawco • Jaime Webb
Abbie Castriotta • Cassie Lashier
Emily Karmen • Michelle Roy

REFLECTIONS









Before COVID hit in March of 2020, the year was off to a great start. We presented at NOFA-NH Winter Conference and received an award for Food System Partner of the Year alongside our friends at Warner Public Market. We had a wonderful full board and staff strategic planning retreat at Bethel Farm. We attended the NH Food Alliance Statewide Gathering. And we were just gearing up for our 1st Annual Aru-Gala community event. Like all of us, we had to reimagine what we were doing and where we were heading overnight. Questions sparked from 2020 include who's voice is not currently at the table, how can we widen access to local food for more neighbors in innovative and inclusive ways, and how can we center the needs of the community in outcome-oriented programming. In 2021 we have exciting things underway, and most of all we look forward to finding our way back to gathering and sharing food and conversation with you.